#### A VIEW FROM FEW



An organization for opportunity and equality for women in Government

**July 2009** 

Space Coast Chapter, P.O. Box 21201, Kennedy Space Center, FL 32815 http://www.ksc.nasa.gov/groups/few/



## **President's Message** *Marlene Satterthwaite, President*

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Congratulations Chapter Board and Committee chairs & members – we've made it thru 1 year! Thanks to all for your hard work, dedication, support and friendship and in making this a successful year. Thanks to Barb Powell and her Annual Training Program Chairs and volunteers for all their work in presenting a successful Training Seminar .....despite all the challenges they encountered. What a team of amazing women! I am very proud of this chapter and all their accomplishments this past year!

I am sorry to hear that we lost some members who chose not to renew for various reasons – some reasons unknown. Many of these had been long-time members and good friends that we hated to lose - both your support and seeing you at meetings. Our Membership Chair, Becky Fasulo has requested that those non-renewals please share with her (or me) their reason for not renewing. This info would be very helpful and a topic for our Fall Retreat (September 16-20) for the Board and Chairs to discuss and possibly help us strengthen our membership. So please share with Becky at fewypmco@yahoo.com or Marlene at mbsatt44@aol.com.

The National Training Program (NTP) date is nearing and we are having a meeting 7/7 at 5:00 pm at the Central Industry Assistance Office (CIAO) at Kennedy Space Center to finalize all plans concerning this event. This is a business meeting focusing on NTP plans/arrangements. If you are going to NTP – I would strongly suggest you attend. The National Training Program (NTP) will be held in Orlando July 20-24 at the World Center Marriott.

With the activities involving the NTP – the chapter will not hold a Program Meeting in July – but are working on an August Program Meeting. – To be announced.

Remember it's never too late to join – AND the Chapter pays meals of Current Members at the Program Meetings! You can join online at <a href="https://www.few.org">www.few.org</a> by using your credit card on the secure site.

Happy 4<sup>th</sup> of July - -- stay safe!



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#### **FEW's Mission Statement**

Federally Employed Women (FEW) is a membership organization working for the elimination of sexual harassment and the advancement of women in government. This will be accomplished by:

- Encouraging diversity and equity in the workplace
- Enhancing career opportunities for women
- Establishing and maintaining relationships with organizations to advocate the fair application of EEO and personnel laws, policies, procedures, and practices
- Improving the quality of life for women by influencing Congressional and Administration actions
- Committing to achieve and maintain a unified and diverse membership; and
- Providing opportunities for professional growth through leadership development, education, mentoring, and networking.

The FEW mission and purpose statement was revised to recognize that the mission of an organization is its driving force, and that FEW's mission needed to be consistent with the needs of federal women today on into the 21st century.

#### **COMPLIANCE**

#### From the <u>www.few.org</u> website Submitted by Jean Grenville

FEW and Federal Agencies - the Keys to Success! 2009 National Training Program Thursday, July 23 rd - 11:30 am - 1:30 pm

This luncheon will bring together a diverse panel of agency and FEW officials to discuss the status of EEO compliance efforts at all levels. Panelists will discuss FEW's efforts in the compliance area and the synergy that can be captured through collaboration with agencies. Invited panelists include:

- Gail Puckett, EEO Training Manager, Federal Aviation Administration
- Thomas Accardi, Director, Aviation System Standards, Federal Aviation Administration
- Sharie Bourbeau, Assistant Deputy Chief of Naval Operations, U.S. Navy
- Allie Latimer, FEW's founding President (1968-1969)

- Dorothy Nelms, two-time elected FEW National President (1978-1980, 1996-1998)
- Larry Beat, Director, National Oceanic and Atmospheric Association Office of Civil Rights
- Delia Johnson, Director, Office of Civil Rights, International Broadcasting Bureau (IBB)
- The Honorable Hilda Solis, Secretary, U.S. Department of Labor (invited)

Don't miss this unique opportunity to hear first-hand what is being done to ensure agency compliance with EEO and affirmative action program requirements.

#### Legislation From the <u>www.few.org</u> website Submitted by Karin Biega

## FEW Washington Update July 1, 2009

Federal workers suffered a major disappointment when the Senate failed to attach the Unused Sick Leave and Federal Employees Retirement System (FERS) Redeposit measures to the Tobacco bill that was signed by the President. Despite intense lobbying and strategizing, the provisions were declared "non-germane" to the overall bill and therefore not allowed to be added.

Consideration of the amendment was blocked by, among others, Sen. John McCain (R-AZ) on procedural grounds. He was insisting on a vote on his amendment regarding the reimportation of prescription drugs from foreign countries before he was going to let the Civil Service Improvement Amendment move forward.

The Civil Service amendment, offered by Sens. Joseph Lieberman (I-CT) and Susan Collins (R-ME), would have also allowed federal agencies to re-employ federal retirees on a limited, part-time basis without offset of annuity.

However, we have not given up. While we look for another moving bill to which these provisions may be attached, we will be aggressively working to obtain more co-

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sponsors to these two bills. Please stay tuned for ways in which you can help. We have a lot of momentum this year for beneficial federal worker legislation, but need our grassroots network to kick into high gear to help.

Congress is scheduled to go out on recess during the 4<sup>th</sup> of July week. This week they are continuing to focus on budget and appropriations.

If you have any questions or need more information about any issue, please feel free to contact Janet Kopenhaver at 703-528-7822 or via email at <a href="mailto:janetk@few.org">janetk@few.org</a>. Hope you all have a wonderful 4<sup>th</sup> of July holiday!

## July Calendar - Diversity Submitted by Charlotte Becker

## July 4 - The Observance of the Declaration of Independence

Independence Day in the United States marks the signing of the 1776 Declaration of Independence by the 13 Colonies. It proclaims autonomy from England and the formation of the United States. "Fourth of July" is the first official federal holiday. It wasn't until 1870 that legislation was passed giving federal employees a "day off" from work, but without pay. A public holiday can only be established at the local level. This can be accomplished in several ways, either through enactment of a law issued by state legislature or by an executive proclamation, that is, order from a state governor. Thus, the first "official" state celebration of the Fourth as recognized under resolve of a legislature occurred in Massachusetts in 1781.

## July 24 --- Filipino American Friendship Day

Filipino-American Friendship Day, formally known as Independence Day in the Philippines, now recognizes the friendship between the Philippines and the Untied States.

#### July 24 Pioneer Day

Pioneer Day, or Days of 47, honors the U.S. Mormon pioneers including Brigham Young, who first settled in Utah in 1847.

Pioneer Day is a state holiday in Utah in the United States. It is celebrated on July 24 each year to commemorate the entry of Brigham Young and the first group of Mormon pioneers into Utah's Salt Lake Valley in 1847. This day celebrates the bravery of the original settlers and their strength of character and physical endurance.

#### What do people do?

Pioneer Day activities include fireworks, parades, picnics, rodeos and other festivities throughout the state. Some people say that this day is celebrated in Utah with more zeal and pride than major holidays such as Christmas. Children take part in essay contests and projects about pioneers, while families enjoy the day with concerts and festivals. For the parades, some people may wear costumes that resemble clothes worn during the 19th century when Salt Lake Valley was founded.

#### Public life

Pioneer Day is a state holiday in Utah so county offices (except emergency services), educational institutions, and most businesses are closed. In some areas, some public transport services, such as buses, do not run on public holidays. People are advised to check public transit schedules first before they decide to travel via public transport during a public holiday.

#### Background

This day commemorates the entry of Brigham Young and the first group of Mormon pioneers into Utah's Salt Lake Valley on July 24, 1847. The Mormon pioneers viewed their arrival as the founding of a Mormon homeland, hence Pioneer Day. The Mormons, as they were commonly known, left their settlement in Nauvoo, Illinois, and journeyed west seeking refuge from religious persecution. The final impetus for their trek was the murder of founder and prophet Joseph Smith on June 27, 1844.

Determined to settle in an isolated region, the pioneers made their way across the plains and over the Rocky Mountains to Utah. They lost many of their party to disease Page 4 A VIEW FROM FEW

during the winter months. By the time that they reached Utah, the desolate valley was a welcome sight. Potatoes and turnips were soon planted, and a dam was built. With solemn ceremonies, the settlers consecrated the two-square-mile city, and sent back word that the "promised land" was found. By the end of 1847, nearly 2000 Mormons settled in the Salt Lake Valley. The first Pioneer Day was celebrated in 1849 with a parade, band music and speeches. In modern times July 24 is celebrated annually as Pioneer Day, a state holiday, in Utah.

#### **Symbols**

The beehive became the official state emblem on March 4, 1959. Utah's residents relate the beehive symbol to industry and the pioneer virtues of thrift and perseverance. The beehive was chosen as the emblem for the provisional state of Deseret in 1848 and was maintained on the seal of the state of Utah when Utah became a state in 1896.

"Industry" officially became the state motto on March 4, 1959. It is associated with the symbol of the beehive. The early pioneers had few material resources at their disposal and had to rely on their own "industry" to survive. The word "industry" appears on both the state seal and the state flag.

#### **July 26 Disabilities Act**

Anniversary of the signing of the A.D.A. observes the 1990 Americans with Disabilities Act that was established to ensure civil rights to persons with disabilities in the United States.

#### **DIVERSITY**

From the <u>www.few.org</u> website Submitted by Karin Biega

FEW Applauds Introduction of Diversity Bill; Pledges Full Support – June 19, 2009

(Washington, D.C.) – The members of Federally Employed Women (FEW) applauded the introduction in the Senate of the "Senior Executive Service Diversity Assurance Act" (S 1180) by Senate Federal Workforce Subcommittee Chairman Daniel Akaka (D-HI). "We have been working on this issue for many years, including testifying three times on Capitol Hill, and thank Sen. Akaka for again introducing the measure this year" remarked Sue Webster, FEW National President. "We will be working hard to move this bill through the Congress," she added.

The bill will establish within the Office of Personnel Management a "Senior Executive Service Resource Office" to ensure that the Senior Executive Service (SES) reflects the nation's diversity. The office will have the responsibility and the power to prescribe regulations and provide guidance to agencies concerning the structure, management, and diverse composition of the Senior Executive Service. Furthermore, the legislation establishes programs to recruit women, ethnic minorities and persons with disabilities at the interagency and collegiate level.

"The lack of diversity in the SES has been a longstanding concern of mine," stated Cecelia Davis, FEW National Vice President for Congressional Affairs. "Diversity is valuable because it can bring a wider variety of perspectives and approaches to policy development and implementation. Minorities and women need to be at the table contributing when strategic planning, problem solving and decision making is taking place."

The latest statistics show that women represented 44.2% of the federal workforce; yet they only accounted for 29.1% of the career SES employees and 37.2% of all employees in grades 13 through 15. In 2003, 26.2% of the SES force was women. Increasing the ranks of women in the SES by 3% over five years is simply not good enough. This bill will help increase those numbers.

Janet Kopenhaver, FEW's Washington Representative, pledged the organization's full support. "We have an active grassroots network and will be encouraging our thousands of members to send letters to their Senators asking them to co-sponsor this important bill," she stated. Kopenhaver advised that co-sponsorship of these bills would be a component in the FEW scorecard measuring how well legislators in the 111<sup>th</sup>

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Congress supported our nation's federal workforce.

## **Sunshine Committee, May 2009 Barbara Powell, Sunshine Chair**

During the month of July the Space Coast Chapter sent a "Thinking of You" card to Carolyn Burnham to let her know that we were thinking about her during her recent illness. She's back to work now. A card of sympathy was sent to Delores Abraham on the passing of her mother. A card for a speedy recovery was sent to Teresa Jean Piastuch when it was determined that she had some outpatient surgery. She was back to work before we could get a card out to her but sent it anyway. Another member of our Chapter, Arden Belt, decided to join the ranks of the retirees and a card and a planter arrangement were sent to her. We look forward to seeing her at the NASA Ladies Retirees Luncheon that is held once a month at an area restaurant. Sharon White is home from Shands Hospital and hopes to return to work sometime after the 4<sup>th</sup> of July.

Carrie Andolina has sent an email that she will be coming home sometime in July, hopefully before the NTP. She did share that her father is in poor health, and she will be spending a great deal of her time in Maryland helping her mother take care of things. We'll welcome her back when she's available.

If you are aware of any of our members that need our thoughts and prayers, i.e. extended illnesses, hospitals stays, or news that deserve our best wishes, please contact me at 504-6086, or email me at noahsark@cfl.rr.com. If I've missed announcing your BIRTHDAY, it's because you aren't on my list. Tell me about it.



#### **HAPPY BIRTHDAY TO:**

#### **CONGRATULATIONS TO:**

#### **KSC BEST Barbeque Winner**

#### A note from Carolyn Burnham

Just wanted to tell you that I won 1<sup>st</sup> place in the dessert contest for the KSC's BEST Barbeque on Friday, June 12. Several people have been after me to make my carrot cake and enter it in the contest, so I did this year. I received a beautiful 11 by 13 Plaque for 1<sup>st</sup> place, really nice with a Shuttle picture on it, plus \$25. Also, the most beautiful crystal cake server I've ever seen and it can be turned over and used for punch. So, it was worthwhile staying up so late to make it. It's very time consuming. It takes me about 3 hours, counting baking, frosting, and clean up time, so I don't make it often.





#### **HIKING THE GRAND CANYON**

#### A Note from Becky Fasulo

On Sat, June 6, I hiked the North Rim of the Grand Canyon - down 5 miles and back up 5 miles. As one of our group said "5 down and 10 up!" At the end I was feeling the elevation and couldn't catch my breath, so had to stop often. I didn't feel too bad, because another gal (about 40 y/o) had to go slow and stop too, because of her hip. My

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daughter, Heidi, stayed with us and took lots of pictures while waiting. It is so beautiful there and the North Rim very different from the South Rim. We walked through a forest for about a mile before really seeing out over the canyon. It is much greener then the South Rim. I was walking a little carefully the next day, but still walking!



#### **CERTIFICATE OF COMMENDATION**

#### - A Note from Clara Anderson

Clara Anderson of ReDe/Critique, JV received a Certificate of Commendation at the Awards Ceremony at the Debus Center on June 4, 2009. The Center Director, Robert Cabana, presented the commendation "For outstanding contractor support team leadership and transactional processing support to the John F. Kennedy Space Center's Human Resources Development and Recognition Office."

She also received two Group Achievement Awards for support to the first Foundations of Leadership program and Workplace Violence Prevention Program.



#### **MEMBERSHIP**

#### Becky Fasulo, VP for Membership

Thank you to all of the members who have shown their commitment to FEW and the Space Coast Chapter by renewing their dues. Time is running out if you have not renewed. After June 1, you will have to rejoin as a new member. You can either go online and renew or send the invoice with your check. If your renewal date is March 1 and you have not received an email, please contact me and I will help you.

#### The Top 10 Reasons to Attend Our National Training Program In Orlando!

- 10. You'll be inspired by nationally known speakers and trainers!
- 9. You'll gain the skills and knowledge you need to take your career to the next level.
- 8. You'll discover a sense of empowerment, confidence, and a new passion for who you are & what you do.
- 7. You'll make valuable networking connections with other successful women.
- 6. You'll find ways to enhance your professional and personal relationships.
- 5. You'll be re-energized and excited about taking on new challenges!
- 4. You'll discover ways to have impact in your work and business.
- 3. You'll gain expert knowledge on taking charge of <u>your</u> plan for success.
- 2. You'll rekindle dreams and goals you may have set aside.
- 1. You'll return to the workplace with a renewed sense of accomplishment!

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#### **TRAINING**

Submitted by Barbara Powell

FEW 2009 NATIONAL TRAINING
PROGRAM
"KEYS TO SUCCESS"
JULY 20-24, 2009
ORLANDO WORLD CENTER
MARRIOTT RESORT

JUST A REMINDER: Have you registered for the NTP yet? There are some firsts this year for you to consider. Even though the conference does not officially start until Tuesday, some members and guests will be kicking off the week of activities with the first ever FEW Golf Tournament "2009 FEDS ON THE FRINGE", and there are a number of other golf activities planned during the week. Space Coast Chapter does have one team entered. Suggest that you go on line at www.fewntp.org, and view the whole week of scheduled events. The Training Courses were selected to deliver the optimal educational experience, covering a diverse range of topics. Classes that fit a specific field or desired subject are grouped to make it easier to choose classes which best fit your individual needs. You can choose classes individually using the traditional method or select a 2009 Training Track. The demand for some of the classes has been so great that the Training Committee has added some additional times for those most requested classes. The Awards Program on Monday will allow for the special recognition of FEW members, chapters and regions, and be followed by the Welcome Reception, where everyone is asked to dress in retro attire to help usher in the 40<sup>th</sup> NTP Celebration. The Opening Session and breakfast on Tuesday morning will feature Susan Miller, a dynamic motivational speaker, who, we in the Space Coast Chapter had the opportunity to hear as our Keynote Speaker for the 2009 Annual Training Program. She is dynamic. The Thursday Luncheon will bring together a diverse panel of agency and FEW officials to discuss the status of EEO compliance efforts at all levels. Friday morning there is a special session planned for FEW members that focuses on the topic "Each One-Teach One". This year make sure that you visit the Exhibit Area, and note the changes that have been made. Areas have been set aside to accommodate similar exhibitors, i.e. Career

and Education Pavilion, Retail Marketplace and a Financial Pavilion. The FEW National Office will be the center display of the exhibit hall, and will be surrounded by booths for each Region. Not every minute of the attendee's time has been accounted for, and the NTP Committee has arranged for a company to provide tours to some of the wonderful attractions of the Orlando area. To determine what will be available, go to the www.fewntp.org website and check it out. Well, I hope that I peaked your desire to submit your registration, pack your bags, and join us in Orlando to "Unlock Your Potential, using the 2009 NTP Keys to Success."

#### Come Play Golf with US! From Patt Franc Submitted by Marlene Satterthwaite

FEW's Inaugural Golf Tournament will be held the Saturday before the National Training Program (NTP), July 18, 2009, at the award-winning Hawk's Landing Golf Club, adjacent to the site of the 40th NTP, the Orlando World Center Marriott. You DO NOT have to attend the NTP to play golf with us on Saturday!

Everything you need to know about the tournament is posted on our website at www.fewntp.org/golf.htm

Please help us advertise this great event by printing and posting this flyer in your offices. Please help by posting this flyer in businesses where FEW supporters might shop. We've negotiated special rates for golf and club rentals. Space in the tournament is filling up quickly. Don't miss out - register TODAY

http://www.golfdigestplanner.com/9364-Feds on the Fringe/ Why not register a foursome today!!!

And.... it's not too late to be a sponsor! Chapters are already purchasing sponsorships to help advertise their chapters, and to support FEW at the same time. This is a great opportunity for visibility! Page 8 A VIEW FROM FEW

For more information, click on this link to view the Sponsorship Brochure. <a href="http://www.fewntp.org/pdf/FEDS%20on%20">http://www.fewntp.org/pdf/FEDS%20on%20</a> <a href="mailto:the%20FRINGE%20Tournament%20Sponsorship%20Opportunties%20Brochure.pdf">the%20Sponsorship%20Opportunties%20Brochure.pdf</a>

If you have any questions about the tournament or sponsorship, please email me at <a href="mailto:pattfranc@att.net">pattfranc@att.net</a>. If you have ideas for sponsors, please email <a href="mailto:golf@few.org">golf@few.org</a>

Thanks, in advance, for all of your help in spreading the word to make this inaugural event a success. Proceeds from this event will benefit FEW's leadership and educational programs

## TRAINING 2010 SE Regional Training Program (RTP) Submitted by Jean Grenville

A flyer is available at <a href="https://www.few.org">www.few.org</a> for the 2010 SE RTP with the following information:

FEB 10-12, 2010 HAMPTON INN PENSACOLA BEACH, FL

Go to <a href="www.pensacola.few.org">www.pensacola.few.org</a> for updates

Room Cost per Night Sound Side \$99 Gulf Side \$107

Reserve your room now!
Call 800-320-8108 & ask for group reservations

The hotel will extend the RTP group rate through Saturday night, February 13, 2010. Mardi Gras Parades will be held on Pensacola Beach during the weekend

RTP Hosted by The Pensacola Area Chapter of FEW

Contact
Lamar Anglin, RTP Co-Chair: 850-345-2284
lamar.anglin@joaptsc.gov,

Pam Smith, RTP Co-Chair: 850-623-7767,

Pamela.s.smith@navy.mil

## June 10 Program Meeting Submitted by Marlene Satterthwaite

The Space Coast Chapter Program Meeting was held at the European Corner in Merritt Square Shopping Center. What a great restaurant and friendly staff. The menu speaks to the very name of the restaurant – continental cuisine and at a reasonable price! The attendees raved about their meals.....and current chapter members ate FREE - courtesy of the Space Coast Chapter!

Our program speaker was a delight. Lynn Baker from the Melbourne Social Security presented information about the Social Security entitlements that garnered the most attentive audience to pose questions and gather information on benefits and some personal situations. One attendee felt as though she had won the lottery when she discovered that she could draw social security on her deceased ex-husband! Ms. Baker provided an informational "goodie bag" to each attendee and encouraged all to visit the social security web site that has expanded over the years to address most situations and frequently asked questions. Our speaker was a hit - she put a lot of personality and vitality into what could have been a very dry subject.

After we had dined and listened to our guest speaker, our Scholarship Chair, Joette Feeney, presented a \$5000 scholarship to Kieta Osteen-Cochrane from Brevard Community College in support of the Institute for Business Training Program. This scholarship funding was from this year's Annual Training Program held in March.

The members and guests seemed to enjoy the evening and looks like we may have attracted some new members!

#### Parliamentary Brain Teaser Submitted by Clara Anderson

#### Question:

1. The Chairman of a board is having difficulty arranging a time where all members can discuss a matter. As a result, the chair

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obtains the personal approval of the proposed action by telephone from every member of the board.

According to Robert's Rules of Order Newly Revised (1990 Edition), is the action proper? If not, what should be done to make the proposal an official act of the board?

- 2. If your parliamentary authority is Robert's Rules of Order Newly Revised (10th Edition), is it permissible for a board to take a vote by electronic mail (such as by e-mail)?
- 3. The new officers of your organization are to take office on May 1, following an installation ceremony. Due to bad weather, the meeting and installation ceremony was not held. Your parliamentary authority is Robert's Rules of Order Newly Revised (10th Edition). What must be done for the new officer to assume office?

\* \* \* \* \* \* \* \*

#### Answer:

- 1. Robert's Rules of Order Newly Revised (1990 Edition) § 48 (p. 476-77) "The personal approval of a proposed action obtained separately by telephone or individual interview, even from every member of a board, is not the approval of the board, . . . . If action on such a basis is necessary in an emergency, it must be ratified at the next regular board meeting in order to become an official act of the board."
- 2. "It is a fundamental principle of parliamentary law that the right to vote is limited to the members of an organization who are actually present at the time the vote is taken in a legal meeting . . . . Exceptions to this rule must be expressly stated in the bylaws." RONR (10th Ed.) § 45 (p. 408-409).
- 3. Nothing. "If a formal installation ceremony is prescribed, failure to hold it does not affect the time at which the new officers assume office." RONR (10th Ed.) § 46 (p. 430).

# Sharing Center of Central Brevard Submitted by Clara Anderson

The ReDe/Critique office is running a food drive for the Sharing Center of **Central Brevard.** Boxes will be set up in key locations and one will be here in the KLI. We are not allowed to ask NASA to donate, but if you see a box indicating the Sharing Center and you wish to donate, please feel free to help out. As you know, they are looking for non-perishable items; canned meats and fruits; peanut butter, pasta, cereal, rice, etc. **There will also be** a hot dog lunch on July 24, 2009 at the KLI from 11 a.m. -1:00 p.m. to collect **donations.** Many of us will be at the NTP, but those of you still out here, please come by and support. The Sharing Center will be bringing a truck out to KSC to pick donations up. More details to follow soon.



Here is a list of items that were delivered in June with the money that you contributed to Baxley Manor. Thank you so much!

Purchased: Case of toilet paper, 12 boxes tissues, 8 paper towels, 4 laundry detergent, 4 boxes dryer sheets, 4 dish detergents, 2 100-ct napkins, 4 shave cream, 4 12-pks razors, 4 ladies and 4 men's deodorant, 2 80-ct band aids, 3 toothpaste, 4 shampoo, 8 flashlight batteries, 2 room deodorizers, 2 denture adhesives, 2 boxes denture cleanser tablets, 6 jars instant coffee, 6 bottles coffee creamer, 6 2-ltr sodas,

<u>Donated items:</u> 2 cans pasta meals, 3 tuna salad, 2 cans spaghetti sauce, 2 boxes spaghetti, 4 cans veggies, 8 boxes macaroni and cheese, Box of Ritz crackers,

The **17TH of July** has been designated as delivery day for Baxley Manor. For those of you not familiar with Baxley Manor, the

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people we serve there are mostly elderly or disabled. I am sure that all of you recognize we are in hard times and these people, for the most part, survive on food stamps. Food stamps do not cover anything of a personal nature and we try to fill that gap. We hope that you can help by making any small donation that you can. Any help that you give monetarily or otherwise will be greatly appreciated. The monetary contributions that you make are used to buy food and personal items for these residents. My mail code is NE-E8. Thanks so much for making a difference!!

I am coordinating the contribution for Baxley Manor here on Center with the help of some other very kind ladies. Valarie Franklin in O&C 1020, Sandy Eliason in LCC 4P23, Jan Hall in the Logistics Building 2610A, Carol Moore HQ 3490, Ana Contreras HQ 3531F and Charmel Jones O&C 1073M2 can take your contributions and items. I am in EDL 2134 and can coordinate a pick up from you if you call or email me. For those of you off Center, please call Aneta Ott (452-4917) or myself (867-6951) to arrange for pickup of any items you would like to donate.

Here is the list of suggested items:

#### Food Items

Small cans of vegetables & fruits
Jell-O & pudding snacks
Graham crackers, Saltine crackers
Any meat or meal in a can with the flip top
lid or non refrigerated package
Lunch meats, tuna, Spam, chicken, Vienna
sausage, ham, deviled ham, Sardines, beef
stew

#### Personal Items

Paper products: Q-tips, facial tissue & toilet tissue (packages of 4 rolls)
Toothbrush, toothpaste, mouthwash
Hand lotion, hair spray, mousse or gel, comb/brush
Razor, Nail files, clippers, Socks, stockings, earrings
Reading material such as books or magazines
Thanks again for your support of this worthy cause.



#### FIGHT EXTREME POVERTY

January 2009 Readers Digest – Memo to the President article, page 169 Submitted by Teresa Jean Piastuch

Helene D. Gayle, MD, is President and CEO of CARE USA.

Rising food prices brought down a prime minister in Haiti. Lack of hope and education has made desperate people susceptible to violence.

Natural resources scarcity and environmental degradation, exacerbated by climate change, have fueled war and genocide. To find peaceful solutions to our global challenges, we must ensure that everyone has basic necessities and the freedom to pursue a better life without violence or repression.

To tackle poverty at its roots, our most vital investments should be in women. The backbone of many communities, they represent an untapped resource. Their efforts as farmers, wage earners and caregivers can assure the well being of families and the success of future generations. Given tools, education, and opportunities, they will transform many lives.

People in the developing world cannot afford extreme poverty, and neither can we. Together, we can change this condition. Strong leadership will help us do it faster.

## It's More Than Listening by Donna Fisher

Submitted by Clara Anderson

Do you consider yourself to be a good listener, poor listener, great listener, or get-by kind of listener? Listening is an easily overlooked communication skill that makes a huge difference in your ability to develop trust and rapport, gather accurate information and create strong working relationships. One of the problems is that it's easy to take listening for granted. You can "kind of" listen to someone while doing something else and not really hear every-

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thing they have to say. You can even "kind of" listen to someone, not doing anything else, but just thinking about something else – and you are not really listening.

Real listening involves giving someone your full attention. It's about being 100% engaged in what they have to say and wanting to make sure you hear them correctly and making sure that they know that you heard them accurately. So, it's not just about listening; it's about making sure people feel heard! You can think that you are listening and the other person may still not feel heard. Maybe you heard the words but didn't get the essence of what they were communicating. Or maybe you heard the words but conveyed disinterest or judgment with your body language. Or maybe you heard the words but perceived the words to mean something different than what they were communicating.

If you are really listening, but don't respond in a way that people know that you heard them – and understand what they meant – then it doesn't matter how much of a great listener you are. You have to communicate in a way that the other person knows that they have been heard!

If you have people around you who aren't feeling heard you are setting yourself up for misunderstandings, resentments and upsets. Focus, not just on listening, but on making sure that people feel heard!

#### Keys to Success Kitty L. Fields, PHR, CPM HR Florida Review, Summer 2009 Submitted by Johanna Velesquez

"Always bear in mind that your own resolution to success is more important than any one thing." – Abraham Lincoln (1809-1865)

Excerpt from full-length article:

Most people think that the key to success is <a href="https://hard.work">hard work</a>. In addition to working hard, successful people also have a <a href="https://strong.sense.of.purpose">strong sense of purpose</a>. They need to have a purpose, a reason that will drive them to do the things

they don't like to do, to persevere. Another key is <u>communication</u>. Successful people know how to communicate to their team. Your team needs to know what the purpose is also. Ways to let your team know what is important are:

- 1. Share your purpose. Your team needs to know what is in your head.
- 2. Provide frequent feedback. People need to hear from you if things are not going well, and more importantly, they need to hear from you when things are going well
- 3. Show that you care for your team. Everyone needs to feel appreciated by their leader. Being recognized for efforts is the #1 motivator...even above money.
- 4. Eliminate the things that are unnecessary or unimportant. Have the courage to stop doing things that distract from the purpose. Encourage your team to question the "why" of a process.
- 5. Always be consistent. Your actions must be consistent with the words you speak.

#### **Newsletter**

#### Jean Grenville & Karin Biega

Thank you, Space Coast Chapter members for your many inputs this month! We encourage you to submit items you would like to share with the chapter. This monthly publication is a means of sharing information and ideas with members and friends. We ask that each officer and committee chair submit articles as applicable for their office and committee. Articles should be sent to Jean Grenville at jeangrenville@aol.com and Karin Biega at Karin@bocabanana.com by the last Monday of each month. Please feel free to share this newsletter with others. If you are interested in joining this vital organization, go to www.few.org and join online.

And, oh yes, it is time to remind you about those member biographies. We would love to know more about all of you. Some things to think about for inclusion in your mini biography are:

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Full Name (any childhood nick names you want to tell us about!)

How long have you been a member of FEW?

Where were you born?

Educational background, i.e. degrees, name or school/college

Where and when did you begin your professional career?

Present Employer

Length of Time Employed

Other offices where you have been employed

Brief description of current job and title

Marital status (only if you want to discuss it!)

Children/Grandchildren

Hobbies

**Aspirations** 

Other activities that you are involved in, i.e., church, other outside organizations, etc.

Awards you have received that you are especially proud of

#### A BLAST FROM THE PAST: Space Coast Chapter Presidents – Installation Dinner in 2000



Calendar of Events		
July		
3	Federal Holiday	
4	4 <sup>th</sup> of July Holiday	
17	Delivery to Baxley Manor	
20-24	NTP 2009 – Orlando, FL	
24	Hot Dog Luncheon - KLI Bring your donations	
27	Newsletter articles due	
August		
TBD	Program Meeting	
September		
7	Labor Day	
16-20	Chapter Retreat	
Future		
Feb 10-12,	South East Regional Training Program, Pensacola, FL	

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## SPACE COAST CHAPTER, FEW 2008 - 2010 Officers and Committees

#### **Chapter**

President Marlene Satterthwaite **VP for Programs** Teresa Jean Piastuch VP for Membership **Becky Fasulo** Treasurer Johanna Velasquez Secretary Cassandra Getter **Nominations Officer** Aneta Ott Immediate. Past President Sandra Eliason Compliance Connie Dobrin Diversity **Charlotte Becker** Legislative Connie Dobrin Annual Training Program Past Presidents Task Force

Karin Biega Finance **Scholarships** Joette Feeney **Newsletter Editor** K. Biega/Jean Grenville Parliamentarian Clara Anderson Environmental Martha Carroll Community Outreach Vickie Hall Sunshine **Barbara Powell Position Open** Historian Debbie Ward Webmaster

#### **Regional**

Asst Regional Manager
Compliance
Nominations
Awards
Secretary

Barbara Powell
Vickie Hall
Connie Dobrin
Marlene Satterthwaite
Jean Grenville

#### **National**

VP for Mbrship & Chapters Becky Fasulo
Bylaws & Resolutions Karin Biega
2009 NTP Finance Chair Clara Anderson